

# **‘If the Opportunity is There, Take It!’**

## **VFW Help A Hero Scholarship recipient wants to be a mental health therapist to help other veterans**

Mar 07, 2025

Diamond Moss joined the U.S. Army Reserves in 2013 to help with her college tuition. She currently lives in Danville, Illinois, with her son Marquis.

During her deployment to Kuwait and Afghanistan in 2020, she spent time searching online for scholarships to apply for when she got home.

“I saw the VFW's ‘Sport Clips Help A Hero Scholarship’ when I was overseas and applied immediately when I got home,” Moss said.

She attends the University of Illinois at Champaign-Urbana and will receive a Master of Social Work degree. Moss plans to work as a mental health therapist once she graduates.

“I chose this career path because I struggle every day with Post Traumatic Stress,” she said. “I went to see a therapist because of that, and they helped me so much.

“The scholarship was incredibly helpful during my bachelor’s program. It covered the majority of my tuition and fees,” Moss said. “My overall student debt is significantly lower because of it.

“I want other veterans to know it’s never too late to go back to school. If the opportunity is there, take it! Thank you to everyone who made this scholarship possible. Thank you for helping me further my education.”

[Learn more](#) about the VFW's "Sport Clips Help A Hero Scholarship."

### **NATIONAL HEADQUARTERS**

406 W. 34th Street      Office 816.756.3390  
Kansas City, MO 64111      Fax 816.968.1157

### **WASHINGTON OFFICE**

200 Maryland Ave., N.E.      Office 202.543.2239  
Washington, D.C. 20002      Fax 202.543.6719

info@vfw.org  
www.vfw.org